

ABI Family Group 2010

Program Outline:

To bring together families to explore nature through adventure based activities through an ability centered perspective.

Session Begins: Spring 2010

Goals:

- 1) Strengthen relationships amongst family members
- 2) Strengthen relationships with oneself.
- 3) Strengthen relationships with members in their community.

Activities: Kayaking, Gardening, Parks, Rockclimbing, Recreation Centres, Games and Farms.

Cost:

\$75.00 for 2 Family Members
\$100.00 for 3 or more Family Members
*Bursary available to subsidise cost



Resource Fair: To learn more and sign up!!!

Date: March 5th 2-4:30

Location: Health Unit on Cook and Pandora -1947 Cook Street

For: Individuals, Families, Service Providers, Caregivers and Volunteers

Who:

Survivor of an Acquired Brain Injury, and their family, and returning or new volunteers. Someone who enjoys outdoor recreational activities, who is willing to try new things, meet other families and commit to the Spring/Summer program. All abilities welcome!!!

"Power To Be provides opportunities and experiences that are enabling and inclusive, allowing me to forget about my disabilities and focus on my strengths; not only as a participant, but also a father and a husband"

*-Family program participants
2007/2008*

How to learn more and sign up for a booth:

Contact Gina Davis or Carinna Kenigsberg
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