Are you supporting someone who needs help to stay at home?

We'd like to talk to you .....

We are researching education and support programs for those who care for a family member or friend at home.

We want to find out what works and what doesn't, and would like to hear what you have to say!

We're holding a 90-minute session at Ottawa Public Library (120 Metcalfe) on October 21 in the afternoon.

Please call or email Jessie DeSouza (1-800-463-1763 ext 6463 or jdesouza@saintelizabeth.com) for more details and to register for the session. If necessary, we can arrange free respite care.

Space is limited to 8-10 people. Refreshments will be served.

Research team:

Saint Elizabeth
Well beyond health care

Research funded by:

Ontario
Echo: Improving Women's Health in Ontario

Caregiver session - Oct 21
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